

HAND HYGIENE DAY CHALLENGE

CLEAN HANDS SAVE LIVES



FRIDAY, MAY 5

Join us in supporting the World Health Organization's Hand Hygiene Day!

How to participate:

1. Gather a group of employees.
2. Shoot a cell phone video of your group demonstrating proper gel or soap and water hand washing.
3. Submit video by email to Dr. Jeffrey Jackson at jjackson2@houstonmethodist.org.
4. **Win a pizza party!** Winner categories will be judged on Largest Group, Most Entertaining and Random Drawing – anyone can win, even small groups!

Eligibility rules:

- Videos must be taken by cell phone as one continuous video – spliced/patched videos will be disqualified
- Videos must be submitted by 5 p.m. on Friday, May 5 to jjackson2@houstonmethodist.org
 - Larger file videos will require the “Attach Large File(s)” button on the Message tab of Outlook
- Indicate whether your group is competing for **Largest Group**, **Most Entertaining**, or **Both**
- All participants must demonstrate all six steps of proper hand washing but the steps may be done in any order
 - Go to hmslnews.org/hand-hygiene-day for the video link to review the proper steps
- Steps missed or incomplete hand washing by even one participant will disqualify the group entry
- Judges must be able to see all six steps for all participants – be sure videos are clear, well shot and view of hands is not blocked

For questions, contact Dr. Jeffrey Jackson at jjackson2@houstonmethodist.org.

